

Physical Education
Advanced
COMPONENT 2: Psychological and Social
Principles of Physical Education

Total Marks

Time: 2 hours

In the boxes below, write your name, centre number and candidate number.

Surname					
Other names					
Centre Number					
Candidate Number					

YOU MUST HAVE

Nil

YOU WILL BE GIVEN

Nil

INSTRUCTIONS

Answer ALL questions.

**Answer the questions in the spaces provided
– there may be more space than you need.**

INFORMATION

The total mark for this paper is 100.

**The marks for EACH question are shown
in brackets – use this as a guide as to how
much time to spend on each question.**

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Turn over

INFORMATION continued.

Questions marked with an ASTERISK (*) require students to use their knowledge and understanding from across the course of study in their answer.

Calculators can be used.

ADVICE

Read each question carefully before you start to answer it.

Try to answer every question.

Check your answers if you have time at the end.

Turn over

SECTION A – Skill acquisition and sport psychology

Answer ALL questions. Write your answers in the spaces provided.

- 1 Describe Fitts and Posner's THREE 'stages of learning'.
(3 marks)**

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(Total for Question 1 = 3 marks)

- 2 Outline the FOUR main types of guidance used when coaching a skill. (4 marks)**

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(Total for Question 2 = 4 marks)

- 3 Using sporting examples, explain Hick's Law and its components. (3 marks)**

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(Total for Question 3 = 3 marks)

- *4 Analyse how a knowledge of learning theories would aid the coaching of skills. Use sporting examples to support your answer.**

**Use your knowledge and understanding from across the course of study to answer this question.
(15 marks)**

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(Total for Question 4 = 15 marks)

- 5 State the TWO performer types in Achievement Motivation Theory.
(2 marks)**

(Total for Question 5 = 2 marks)

**6 Outline TWO different theories of personality.
(4 marks)**

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(Total for Question 6 = 4 marks)

7 Outline TWO factors that affect arousal when seeking optimal performance. (2 marks)

(Total for Question 7 = 2 marks)

**8 Identify TWO factors in Bandura's Self-Efficacy Theory.
(2 marks)**

(Total for Question 8 = 2 marks)

- 9 Analyse the application of Weiner's Attribution Theory for success and failure in sport.
(15 marks)**

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(Total for Question 9 = 15 marks)

TOTAL FOR SECTION A = 50 MARKS

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SECTION B – Sport and society

Answer ALL questions. Write your answers in the spaces provided.

- 10 Identify TWO factors that led to the emergence and development of modern-day sport.
(2 marks)**

(Total for Question 10 = 2 marks)

**11 Give TWO disadvantages of competing for a corporation rather than a geographically based team.
(2 marks)**

(Total for Question 11 = 2 marks)

**12 Describe THREE functions of an international governing body.
(3 marks)**

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(Total for Question 12 = 3 marks)

**13 Define the concept of the
‘Golden Triangle’.
(1 mark)**

(Total for Question 13 = 1 mark)

14 Examine the blueprint for commercialisation of future games created by Peter Ueberroth at the 1984 Los Angeles Olympic Games. (8 marks)

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(Total for Question 14 = 8 marks)

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**15 Before 1800 many people in the UK would have participated in mob activities. Summarise the characteristics of these activities.
(4 marks)**

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(Total for Question 15 = 4 marks)

***16 Analyse the factors that affect sport and physical activity participation in the 21st century.**

Look at FIGURE 1 for Question 16 in the Diagram Booklet. Use the information in it to support your answer.

**Use your knowledge and understanding from across the course of study to answer this question.
(15 marks)**

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(Total for Question 16 = 15 marks)

17 Evaluate the role of ethics and the perceived rise of deviance in sport.

**Use sporting examples to support your answer.
(15 marks)**

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(Total for Question 17 = 15 marks)

TOTAL FOR SECTION B = 50 MARKS
TOTAL FOR PAPER = 100 MARKS
END OF PAPER